



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TRY THE Y TUESDAYS!

Join on a Tuesday &  
we'll waive the joiner fee.

Exercise your commitment to your health and have fun at the same time. At the Y, you'll find everything from fitness classes, to community outreach, to passionate people who workout and play with purpose.

**Pick any Tuesday through July 11 to try the Y...for free!**

## LAWRENCE YMCA

40 Lawrence Street, Lawrence, MA 01840  
978-686-6191

## MERRIMACK VALLEY YMCA

[mvymca.org](http://mvymca.org)

## 1 DAY GUEST PASS

This pass entitles an individual or family to experience the Lawrence YMCA for one day!

Expires June 27, 2017.

Government issued identification required to enter the YMCA.

Valid for new free trial participants ages 18 and up.

Visit our website for facilities, locations, and hours of operation.