

One Can, Two Can, Share what **YOU** Can

WE HAVE THE CAUSE...

Fight hunger and improve the health of your community with the Y.

YOU ARE THE EFFECT...

Donate five non-perishable food items at any Merrimack Valley YMCA branch.

TUESDAYS IN NOVEMBER

PAY \$0 JOINER FEE



All food items will be donated to a local food pantry.



mvymca.org